

LUNCH MENU

3ITES

GREENS

SANDWICHES

BLACKENED AHI | 18

Quick Seared Yellowfin, Cucumber Carrot Salad, Soy-Balsamic Reduction

STRAWBERRY WINGS | 12

Goat Cheese, Strawberry Salsa, Fried Basil, Thai Spicy Peanut Sauce

WALDORF SALAD | 10

Spiced Walnuts, Pickled Cherries, Red Grapes, Apples, Celery, Rosemary Aioli, Arugula

Add Roasted Chicken | 5

CHOPPED CHICKEN CAESAR SALAD | 13

Grilled Chicken, Focaccia Croutons, Shaved Parmesan, House Caesar Dressing

Add Salmon or Shrimp | 5

CHICKEN PESTO WRAP | 12

Grilled Chicken Breast, Arugula, Tomatoes, Mozzarella, Creamy Basil Pesto

OPEN FACED MEATBALL SUB | 12

Mozzarella Meatballs, Marinara, Kale on Ciabatta

ITALIAN STUFFED FLATBREAD | 12

Calabrese, Prosciutto, Genoa, Tomato, Spinach, Olive and Roasted Pepper Tapenade, Arugula, Provolone, Red Wine Vinaigrette ASPARAGUS | 8

Stone Roasted, Lemon Ricotta, Lemon Zest, Cherry Pepper

SHISHITO PEPPERS | 8

Smoked Salt, Fresh Lime Juice, Chipotle Cream

SQUASH BLOSSOMS | 14

Tempura Fried, Fromage Blanc, Heirloom Tomato, Burrata, Mint Gremolata

SPINACH SALAD | 10

Spinach, Crumbled Bacon, Red Onion, Gorgonzola, Focaccia Croutons, Brown Sugar Vinaigrette

KALE SALAD | 12

Kale, Strawberries, Almonds, Radish, Feta, Basil Vinaigrette

PORTABELLA WRAP | 11

Tortilla, Grilled Portabella Mushrooms, Asparagus, Roasted Onion Spread, Spinach, Grape Tomatoes, Rosemary Aioli

WAGYU BURGER | 16

Smoked Gouda, Roasted Onions, Kale, Tomato Jam, Fries, Pretzel Bun Add Baller style, Organic Sunny Side Egg and Triple Cream Farm Cheese | 3 eac

LAMB BURGER | 17

Arugula, Roasted Pepper and Herb Goat Cheese, Mint Yogurt Sauce, Sweet Cucumber

All sandwiches come with rosemary fries. Side salad substitute/upcharge \$1.5

ARTISANAL PIZZA



Each handmade, hearthstone oven-baked pizza is created with care, from delicious dough (Gluten Free available upon request) to a flavorful house-made tomato sauce.

GREEN PIE | 14

Fromage Blanc, Spinach, Asparagus, Sliced Lemon, Basil Pesto, Crushed Chili

1,000 PEAKS | 15

Hawaiian Onion Jam, Aged Ham, Pineapple, Smoked Sea Salt Provolone, Crushed Chili MARGHERITA | 13

Pomodoro, Basil, Ovolini Mozzarella

MEXICANO | 15

Black Bean Puree, Adobo Sauce, Chorizo, Onion, Queso Fresco, Cilantro, Lime, Avocado

THE CLASSIC | 15

Pepperoni, Fennel Sausage, Roasted Mushrooms, Provolone

PEACH PERFECT | 14

Grilled Peaches, Local Fromage Blanc, Bacon, Arugula, Red Onion, Serrano Honey

SHRIMP TACOS | 13

Blackened Shrimp, Cajun Seasoning, Shredded Red Cabbage, Stawberry Salsa, Black Beans, Chipotle Cream AHI AQUACHILI | 16

Yellowfin Tuna, Jicama, Red Onion, Cucumber, Avocado, Cilantro, Black Beans, Corn Tortilla Chips.

Specials thanks to our friends at Tantardini Bakery, Orland Farmstead Creamery, Pedrozo Dairy and Cheese Company, Little Sprouts Urban Farm